

Commodity	2024		Blue-Collar				1919 - 2024	Percentage	Compound		
	1919	Walmart	Percentage	1919	2024	Percentage	Personal	Change in	Annual	Years to Double	
	BLS Nominal Price	Cincinnati Nominal Price	Change in Nominal Price 1919 - 2024	Time Price at \$0.43 Per Hour	Time Price at \$36.50 Per Hour	Change in Time Price 1919 - 2024	Resource Abundance Multiplier 1919 =1	Personal Resource Abundance 1919 - 2024	Growth Rate in Personal Resource Abundance	Personal Resource Abundance	Personal Resource Abundance
Bacon, sliced, lb	\$0.53	\$4.88	826.0%	1.23	0.13	-89.1%	9.17	817%	2.24%	31.29	\$44.73
Bananas, dozen	\$0.32	\$2.88	805.7%	0.74	0.08	-89.3%	9.37	837%	2.26%	30.97	\$26.99
Beans, baked, No. 2 can	\$0.17	\$1.14	590.9%	0.38	0.03	-91.9%	12.29	1,129%	2.54%	27.63	\$14.01
Beans, navy, lb	\$0.12	\$1.28	994.0%	0.27	0.04	-87.1%	7.76	676%	2.07%	33.83	\$9.93
Bread, lb, baked weight	\$0.10	\$1.58	1,449.0%	0.24	0.04	-81.8%	5.48	448%	1.72%	40.75	\$8.66
Butter, lb	\$0.67	\$4.26	533.9%	1.56	0.12	-92.5%	13.39	1,239%	2.63%	26.72	\$57.04
Cabbage, lb	\$0.06	\$0.68	996.8%	0.14	0.02	-87.1%	7.74	674%	2.07%	33.87	\$5.26
Cheese, lb	\$0.42	\$3.74	794.7%	0.97	0.10	-89.5%	9.49	849%	2.28%	30.81	\$35.48
Chuck Roast, lb	\$0.25	\$7.47	2,876.1%	0.58	0.20	-64.9%	2.85	185%	1.05%	66.13	\$21.31
Coffee, lb	\$0.43	\$4.38	916.2%	1.00	0.12	-88.0%	8.35	735%	2.15%	32.66	\$36.58
Corn Flakes, 8 oz. pkg	\$0.14	\$0.99	607.1%	0.33	0.03	-91.7%	12.00	1,100%	2.52%	27.89	\$11.88
Corn Meal, lb	\$0.07	\$0.86	1,203.0%	0.15	0.02	-84.6%	6.51	551%	1.89%	36.99	\$5.60
Corn, canned, No. 2 can	\$0.20	\$0.86	336.5%	0.46	0.02	-94.9%	19.44	1,844%	3.01%	23.36	\$16.72
Cream of Wheat, 28 oz. pkg	\$0.25	\$4.51	1,696.8%	0.58	0.12	-78.8%	4.72	372%	1.56%	44.64	\$21.31
Crisco, lb	\$0.36	\$3.92	1,004.2%	0.83	0.11	-87.0%	7.69	669%	2.06%	33.99	\$30.13
Eggs, dozen, storage	\$0.61	\$1.96	219.7%	1.43	0.05	-96.2%	26.55	2,555%	3.33%	21.14	\$52.03
Flour, wheat, lb	\$0.07	\$0.48	576.1%	0.17	0.01	-92.0%	12.56	1,156%	2.56%	27.40	\$6.03
Ham, sliced, lb	\$0.57	\$3.77	564.9%	1.32	0.10	-92.2%	12.77	1,177%	2.58%	27.22	\$48.13
Hens, lb	\$0.41	\$1.46	260.5%	0.94	0.04	-95.8%	23.55	2,255%	3.21%	21.94	\$34.38
Lamb, lb	\$0.37	\$10.83	2,827.0%	0.86	0.30	-65.5%	2.90	190%	1.07%	65.10	\$31.41
Lard, lb	\$0.37	\$2.14	476.8%	0.86	0.06	-93.2%	14.72	1,372%	2.73%	25.78	\$31.49
Macaroni, lb	\$0.19	\$1.48	678.9%	0.44	0.04	-90.8%	10.90	990%	2.42%	29.02	\$16.13
Milk, evaporated, 15-16 oz. ca	\$0.16	\$1.53	874.5%	0.37	0.04	-88.5%	8.71	771%	2.19%	32.02	\$13.33
Milk, fresh, quart	\$0.15	\$0.80	419.5%	0.36	0.02	-93.9%	16.34	1,534%	2.83%	24.81	\$13.07
Nut margarine, lb	\$0.35	\$1.98	472.3%	0.80	0.05	-93.3%	14.83	1,383%	2.73%	25.70	\$29.37
Onions, lb	\$0.08	\$1.08	1,340.0%	0.17	0.03	-83.0%	5.89	489%	1.79%	39.07	\$6.37
Orange, dozen	\$0.53	\$10.56	1,896.2%	1.23	0.29	-76.5%	4.25	325%	1.46%	47.89	\$44.90
Peas, canned, No. 2 can	\$0.19	\$0.86	364.9%	0.43	0.02	-94.5%	18.26	1,726%	2.95%	23.86	\$15.70
Plate Beef, lb	\$0.19	\$10.42	5,413.2%	0.44	0.29	-35.0%	1.54	54%	0.43%	160.62	\$16.04
Pork Chops, lb	\$0.42	\$4.44	964.7%	0.97	0.12	-87.5%	7.97	697%	2.10%	33.39	\$35.40
Potatoes, lb	\$0.04	\$0.69	1,871.4%	0.08	0.02	-76.8%	4.31	331%	1.47%	47.48	\$2.97
Prunes, lb	\$0.26	\$5.98	2,200.0%	0.60	0.16	-72.9%	3.69	269%	1.31%	53.08	\$22.07
Raisins, seeded, lb	\$0.18	\$3.42	1,758.7%	0.43	0.09	-78.1%	4.57	357%	1.53%	45.64	\$15.62
Rib Roast, lb	\$0.31	\$13.97	4,406.5%	0.72	0.38	-46.9%	1.88	88%	0.64%	109.47	\$26.31
Rice, lb	\$0.15	\$0.67	340.8%	0.35	0.02	-94.8%	19.26	1,826%	3.00%	23.43	\$12.90
Rolled Oats, lb	\$0.08	\$1.52	1,824.1%	0.18	0.04	-77.3%	4.41	341%	1.50%	46.70	\$6.71

Round Steak, lb	\$0.35	<u>\$8.74</u>	2,397.1%	0.81	0.24	-70.6%	3.40	240%	1.23%	56.65	\$29.71
Salmon, canned, lb	\$0.33	<u>\$3.42</u>	939.5%	0.77	0.09	-87.8%	8.17	717%	2.12%	33.01	\$27.93
Sirloin Steak, lb	\$0.39	<u>\$10.44</u>	2,556.5%	0.91	0.29	-68.7%	3.20	220%	1.17%	59.67	\$33.36
Sugar, granulated, lb	\$0.11	<u>\$0.78</u>	590.3%	0.26	0.02	-91.9%	12.30	1,130%	2.54%	27.62	\$9.59
Tea, lb	\$0.64	<u>\$13.99</u>	2,099.7%	1.48	0.38	-74.1%	3.86	286%	1.36%	51.33	\$53.99
Tomatoes, canned, No. 2 can	\$0.17	<u>\$1.46</u>	758.8%	0.40	0.04	-89.9%	9.88	888%	2.32%	30.26	\$14.43
Average			1,302.9%		4.45		9.45	845%	2.27%	30.86	